



Workshops and Away Days

Whatever your profession

We offer a unique mix of circus skills that both challenge individuals and inherently require participants to work together as a cohesive team. Through tailored learning events we empower your staff to meet exciting new challenges and perform with confidence and creativity - achievements that translate into renewed energy and inspiration in the workplace.

From flying trapeze to juggling, stilt walking to plate spinning we teach a range of circus skills that have successfully been applied to deliver a diverse range of clients' specific briefs and objectives.



To celebrate, collaborate, learn and have fun together ...

The perfect medium for team building, circus teaches a range of skills suitable for all ages, abilities and levels of fitness. Whether building human pyramids, walking on stilts or creating a show as part of our Performance Challenge Collaborative Workshops the emphasis is on working together.

Our workshops are usually delivered at Circus Space, subject to availability of studios (so it's advisable to book early) or off site at a nearby venue. We can also deliver workshops at a suitable venue of your choice.

The Circus Skills

All of our workshops are individually designed to deliver your specific learning objectives, which we achieve through ensuring the right circus skills are picked for your event.

- Flying trapeze
- Human pyramid building
- Juggling
- Diabolo
- Stilt walking

“We were tired at the end. But everyone loved it – it was very challenging – it’s always good to push your comfort zones! Teachers were excellent.”

ALIX KULIG, GOOGLE



Team Development Workshops

An inclusive and enjoyable learning experience that challenges, stimulates and motivates teams. Suitable for groups of 10 to 200.

An example workshop would take place over a half day and includes 4 circus skills. A high ratio of teachers to participants ensures personal attention with larger groups split into smaller teams.

Performance Challenge Collaborative Workshops

A 5½ – 7½ hour workshop, where participants learn new skills and work together collaboratively to create, design and perform the Greatest Team Performance on Earth.

Bite-sized Workshops

Bite-sized 1½ - 2hour circus skill energisers. These workshops fit neatly into an icebreaking session for an away day or as part of a conference.

Facilitated Learning

We have collaborated with clients and partner organisations to design a number of facilitated workshops. These bespoke workshops focus on a particular team development issue which participants explore through a circus skill experience and have the opportunity to reflect on the parallels with their workplace performance. Typical issues would be collaboration, trust & communication, presentation skills or conflict management. One recent event invited participants to reflect on their learning style and another on the organisation's culture and values.

We can create a facilitated learning event that will achieve the outcomes you require from your training event.

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